

Registration Application

(Please copy form and send in separate application for each registrant.)

Name _____

Address _____

City/State/ZIP _____

Telephone () _____

Email _____

\$125 Active AHA Member*

\$175 Nonmember*

\$50 Student or individual with ASD, Adelphi faculty

\$50 MP3 (Price if registration is postmarked after April 3)

(Students: include a copy of current student ID with registration or mail in if registering online.)

*Includes FREE MP3 if registration is postmarked by April 3; free MP3 offer does not apply to students, individuals on the spectrum, or Adelphi faculty. However, orders may be placed for CDs on this form or at the conference.

Circle the three workshops you plan to attend:

(one for each period – A, B, C)

Workshop Period A	1	2	3	4
Workshop Period B	5	6	7	8
Workshop Period C	9	10	11	12

Payment Method, Select One:

Check Enclosed # _____

Visa MasterCard Discover Exp. Date _____ / _____

Signature _____

Card No. _____

Make checks payable to AHA Association. To join AHA, send a separate \$40 check for annual dues with the registration to:

AHA Association

P.O. Box 916

Bethpage, NY 11714-0916

(516) 470-0360 info@ahany.org www.ahany.org

Registration Information:

A \$25 processing fee will be applied to all refund requests. No refunds after April 25, 2009. Receipts and confirmations will be available upon request at: conference@ahany.org.

Walk-ins:

Walk-ins will be charged an additional \$25.

Conference lunch may not be available; the Adelphi cafeteria is open.

Scholarships:

Partial scholarship available online at www.ahany.org, or send a stamped self-addressed envelope to the P.O. Box listed to the left requesting the form. A registration form MUST accompany all scholarship requests.

I am enclosing \$ _____ as a tax-deductible donation toward conference scholarships and/or to further the work of the AHA Association.

Conference Audios:

The MP3 audio CD can be listened to on your computer, in some newer cars, or downloaded to an iPod. You can listen to a presentation again, or to a workshop you may have missed, while following along with the handbook materials provided on the day of the conference.

Hotel Rooms:

For information about local accommodations, visit <http://www.adelphi.edu/visitors/stay.php>.

Directions:

The conference can be easily reached by the LIRR or car. For directions, visit <http://www.adelphi.edu/visitors/directions.php>.

Enclosed:

Registration Fee Enclosed \$ _____

MP3 Audio CD \$50 \$ _____

AHA Membership Enclosed \$40 \$ _____

Contribution \$ _____

Total Included \$ _____

Additional copies of the conference brochure can be downloaded at: www.ahany.org

Should you require disability accommodations, please email DSS@adelphi.edu, giving 72 hours notice before the event. Should you require ASL interpreting, seven days' notice is required.



P.O. Box 916
Bethpage, NY 11714-0916

AHA ASSOCIATION

Asperger Syndrome and High Functioning Autism Association,
Adelphi University Ruth S. Ammon School of Education,
Asperger Center for Education and Training,
The Cody Center for Autism and
Developmental Disabilities at Stony Brook University,
Compass Project,

The Fay J. Lindner Center for Autism and Developmental Disorders,
GRASP, the Global and Regional Asperger Syndrome Partnership

proudly present:

Issues in Independent Living for Adolescents and Adults on the Autism Spectrum

Saturday, May 9, 2009
Adelphi University
Garden City, New York
Ruth S. Harley University Center
8:00 a.m.–4:30 p.m.

For further information:
www.ahany.org
email: conference@ahany.org
phone: (516) 470-0360



Dear professional, family member, friend, or individual on the autism spectrum,

Our mission continues to be increased understanding of the remarkable strength and potential of individuals on the autism spectrum. The keynote, workshops, and panels offer insights and strategies for self-awareness, self-advocacy, transitions, relationships, employment, and independence.

Thank you for your participation.

Pat Schissel, President, AHA
Conference Coordinator

The Conference Committee:

- Bernice Polinsky, AHA
- Maureen Holohan, AHA
- Joan Hourihane, AHA
- Carole Kalvar, AHA
- Ellen Forrest, AHA
- Ellen Bell, AHA
- Rosalie Edelson, AHA
- Judith H. Cohen, Adelphi University
- Lynda Geller, Asperger Center for Education and Training
- Virginia Cover, The Cody Center
- Ellen Woodward, The Cody Center
- Elise Hahn Felix, Compass Project
- May Lynn Andresen, Fay J. Lindner Center for Autism
- Michael John Carley, GRASP
- Valerie Gaus
- Faith Kappenberg

Registration for the conference includes a handbook containing materials from the keynote and all 12 workshops, continental breakfast, and boxed lunch. Agency and school representatives will be available to provide information. Books and DVDs will be sold with many of the authors presenting at the conference able to personally sign their books. **Registration postmarked by April 3 will receive a FREE MP3 audio CD of all conference presentations, a \$50 value, which will be mailed four to six weeks post-conference.**

Schedule of Events

8:15 a.m.–9:00 a.m. Registration, Bookstore, Resources, Continental Breakfast

9:00 a.m.–9:15 a.m. Greetings from Adelphi and AHA

9:15 a.m.–10:15 a.m. **Developing Talents and Mentoring Opportunities**
Keynote Speaker, Temple Grandin, Ph.D.
Our keynote speaker brings her lifelong experiences and knowledge to encourage talented individuals on the spectrum to use their areas of strength in their lives and to find mentors who will assist in realizing their goals.

10:15 a.m.–11:15 a.m. **Competitive Employment: The JUMP Model and Mentoring in the Workplace**
Valerie Gaus, Ph.D., Moderator, Lynda Geller, Ph.D., Ginnie Cover, M.S.W., M.B.A., Cheryl Couch, B.A.A.
JUMP (Jobs for Us Mentoring Program) seeks to assist adults on the spectrum gain competitive and meaningful employment by bringing skilled employees to employers while providing support to both the employee and the employer. Our panel will present JUMP's promotional video, informational literature and discuss the program.

11:30 a.m.–12:45 p.m. **Workshop Period A**

A1. Resiliency
Temple Grandin, Ph.D.
Dr. Grandin offers her professional and personal insight into a topic of importance rarely explored: an individual's ability to turn resistance into resiliency. What helps some cope and succeed where others withdraw and give up?

A2. Demonstration: High School Transition Planning Team Meeting
Faith Kappenberg, Ph.D., LCSW, Presenter, Dave Makowski, Ph.D., Joan Hourihane, parent, Patrick Hourihane, student
Develop an effective transition plan, including the student, parents, school personnel, and other professionals. This process will demonstrate the importance of a team approach to planning for further education, future employment and independent living.

A3. From Entitlement to Eligibility
Helene Fallon, M.A., Lynn Russo, Michelle Giuliano, LMSW
During this workshop, we will identify the key differences between special education entitlement services and adult services eligibility. The workshop will cover an overview of the New York Performance Plan, including the transition indicators, and will also focus on person-centered planning in a creative, unique way.

A4. Understanding and Managing Emotional Distress with Asperger Syndrome and Related Conditions

Beth Yurman, Psy.D.
This presentation will discuss common factors contributing to symptoms of anxiety and depression frequently experienced by older adolescents and adults with Asperger Syndrome. The focus will be on understanding causes and developing coping strategies to better manage distress.

12:45 p.m.–1:45 p.m. Lunch

1:45 p.m.–3:00 p.m. **Workshop Period B**

B5. Successful Post-High School Solutions: Finding the Right Supports
Mitch Nagler, M.A., LMHC, Diana Milillo, Ph.D., Karen Noel, M.S.W., Peter Wigg, Psy.D.
This program will provide an overview of what to expect when students capable of college-level material are supported in the college setting, assisted in accessing these supports, and helped to integrate into college life. Faculty and student representatives from various colleges and college support services will describe their programs and offer suggestions and strategies for success.

B6. Transitioning to Adulthood: A Social Skills Program Designed for Adolescents and Young Adults on the Autism Spectrum
Mary Riggs Cohen, Ph.D.
This program focuses on developing awareness of nonverbal cues, skills in conversation, job interviewing and interpersonal relationships. Participants practice in class, and then work individually with a social coach to reinforce their learning. The workshop will demonstrate how experience in varieties of settings creates greater motivation to socialize due to reduced anxiety in the social setting.

B7. Effective Pharmacotherapy for ASDs: Tools to Use and the Important Questions to Ask Before Considering Medication
Peter Della Bella, M.D.
Workshop session will initially review pharmacotherapy trends for people with ASDs. The discussion will then cover how to best find out about available treatment options and the questions to ask to make treatment the best it can be.

B8. Understanding Yourself, Prelude to Self-Advocacy: How to Find and Express Your Strengths
Stephen Shore, Ed.D., Cheryl Couch, B.A.A.
This interactive workshop will provide an introduction to the job interview process, tips on how to prepare and practice for the interview, recommendations on how to address behavioral idiosyncrasies during the interview, and a discussion on how and when to disclose.

3:15 p.m.–4:30 p.m. **Workshop Period C**

C9. The College Coaching Project
Lynda Geller, Ph.D.
Coaching, based on student individual profiles and needs, offers an effective mechanism that can allow students to attend any postgraduate program that fits them best while receiving specialized support. This presentation will discuss a new model for training and assisting coaches to do this rewarding and essential work.

C10. Making It on Your Own—Navigating Adult Life
Zosia Zaks, M.S.
For adults on the spectrum, independence can be a challenge. This workshop will provide concrete suggestions and will demonstrate how to utilize typical autistic characteristics to solve problems. The importance of interdependence as part of independence will be stressed. The workshop will also place emphasis on negotiation, self-esteem, self-advocacy, and developing talents and strengths.

C11. Legal Forms Are Not Enough: Asking the Deeper Questions
Sharon Kovacs Gruer, Esq.
Many questions come up when planning for the future of a young adult on the spectrum, including consideration of what is involved in the preparation of a letter of intent and how it might assist your family member's caregivers and trustees when you are no longer around to explain; selection of a trustee and how making the right decision can help or harm your child; the thought process involved in deciding whether a guardianship is necessary or whether a health care proxy and power of attorney would suffice; and, coordination of your nonprobate assets with your special needs trust.

C12. Guys and Girls Growing Up Together: Fostering Successful Social Relationships
Shana Nichols, Ph.D., Samara Pulver Tetenbaum, M.A.
We will focus on the various aspects of relationship building during the adolescent years. Topics such as attraction, friendships, dating and relationships will be discussed, as well as how specific programming (e.g., socials, young adult groups) can facilitate the learning and practice of skills among peers in the community.

