

## Conference Registration Application

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

\$ 100 Member of AHA/AS/PDD

\$ 140 Non-Member

\$ 50 Student or Individual w/ASD or  
Adelphi Faculty

(Students: include a copy of current student ID with this registration)

Circle the three workshops you plan to attend (one for each period)

Workshop Period A	1	2	3	4
Workshop Period B	5	6	7	8
Workshop Period C	9	10	11	12

Please make checks payable to AHA/AS/PDD and mail to:  
AHA/AS/PDD, P.O. Box 475, Roslyn Heights, NY, 11577-0475  
No refunds after April 1, 2005.

Receipts will be available upon request at the conference.

Confirmation by request only. Email [conference@aha-as-pdd.org](mailto:conference@aha-as-pdd.org).

No walk-ins without prior approval.

Call (516) 484-8404.

Walk-ins will be charged an extra \$20 and must bring their own lunch.  
Cafeteria will be open.

If you wish to apply for a partial scholarship you may access the form online at [www.aha-as-pdd.org](http://www.aha-as-pdd.org) or send a stamped self-addressed envelope to the P.O. Box listed above requesting the form. A registration form must accompany all scholarship requests.

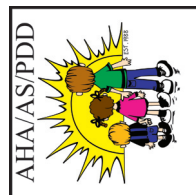
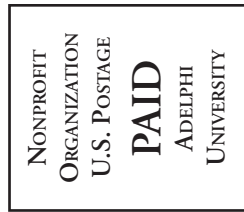
I am enclosing \$ \_\_\_\_\_ as a donation towards conference scholarships and/or to further the work of AHA/AS/PDD.

### Hotel Rooms

For information about local accommodations, visit  
<http://www.adelphi.edu/conferenceservices/guest.shtml#hotels>.

### Directions

The conference can be easily reached by the LIRR or car. For directions, visit  
<http://www.adelphi.edu/visitors/directions.php>.



P.O. Box 475  
Roslyn Heights, NY 11577

## AHA/AS/PDD

*(Advocates for Individuals with High Functioning Autism, Asperger Syndrome, and other Pervasive Developmental Disorders), Adelphi University, Asperger Foundation International, The Cody Center, and YAI (National Institute for People with Disabilities) proudly present:*

## Issues in Independent Living for Adolescents and Adults on the Autism Spectrum

8:00 a.m.–4:30 p.m.

Saturday, April 16, 2005  
Adelphi University  
Garden City, NY

Ruth S. Harley University Center

[www.aha-as-pdd.org](http://www.aha-as-pdd.org)  
(516) 484-8404  
[conference@aha-as-pdd.org](mailto:conference@aha-as-pdd.org)



[www.adelphi.edu](http://www.adelphi.edu)  
1-800-ADELPHI

GARDEN CITY, NEW YORK 11530

# Schedule of Events

To professionals, family members, friends, and individuals on the autism spectrum:

The purpose of this conference is to increase awareness of the difficulties individuals on the autism spectrum face as adults. Support and services for adults are inadequate. We will discuss the few resources currently available and identify what is needed for this misunderstood, under-served, under-identified, under-valued, and ever-increasing population.

Continental breakfast and lunch are included and a booklet containing presentations from all workshops will be provided. Tables will be set up offering information and handouts from agencies and supports. Related books and audio tapes of the workshops will be offered for sale.

We hope you will join us.

Pat Schissel, President, AHA/AS/PDD  
Conference Coordinator

Judith Cohen, Adelphi University  
Bernice Polinsky, AHA/AS/PDD  
Lynda Geller, Asperger Foundation International

The Committee:  
Ellen Bell, AHA/AS/PDD  
Ellen Forrest, AHA/AS/PDD  
Carole Kalvar, AHA/AS/PDD  
Michael John Carley, GRASP  
Valerie Gaus, YAI



**8:00 a.m.–8:45 a.m. Registration, Bookstore/Resources, Continental Breakfast**

**8:45 a.m.–9:00 a.m. Greetings from Adelphi and AHA/AS/PDD**

**9:00 a.m.–9:45 a.m. Keynote Speaker:  
Liane Holliday Willey, Ed.D.**

### *Being Parented and Parenting with Asperger Syndrome (AS)*

Liane is an adult with AS who will share her memories of growing up under the wing of a father with AS. She will also discuss what life is like for her as a parent of her own AS child.

**9:50 a.m.–11:00 a.m. Adult Panel**

Amy Gravino, Stephen Shore, A.B.D.  
Michael John Carley, M.F.A., Moderator

### *Transitioning to Independence: the Journey to Achieve a Satisfying Intimate Relationship*

Amy and Stephen will discuss the challenges they face as individuals with AS and HFA and the strategies they have found helpful. A question and answer period will follow.

## 11:15 a.m.–12:30 p.m.: Workshop Period A

### *1. Self-Esteem, Self-Medicating, Self-Abuse, and Personal Safety*

Liane Holliday Willey, Ed.D.

Liane has personally experienced the “tough stuff” that too often comes hand in hand with ASD. In this workshop Liane will talk about the lessons she has learned about avoiding potentially dangerous situations. How do you cope with dangerous situations that cannot be avoided? How do you build a plan for recovery?

### *2. Emotional Regulation: Coping with the Real World*

Lynda Geller, Ph.D.

Adolescence through early adulthood is a particularly vulnerable time for volatile emotional expression for those on the spectrum. Understanding and coping with these emotional differences is the key to developing a successful adulthood.

### *3. Pleased to Meet ME: Getting and Keeping a Job*

Lisa Glickman, M.A.

Learn skills to interview with confidence and maintain your job with self-assuredness. There's more to preparing for a job interview than copying your resume and buying a great outfit. How you act during an interview and your ability to answer questions well will dramatically increase your chance of landing the job. So where do you begin?

### *4. Research in Autism: Studies, Bioethical Considerations, What's Being Done For Adults*

Kimberley Rogers, M.A.; Anna Schissel, MBE, J.D.; Amy Gravino,  
Stephen Shore, A.B.D., Zosia Zaks, M.S.

This workshop will provide a broad overview of how research is conducted focusing on some of the factors you should consider if you think you or your child may want to participate in a research study. A panel discussion will follow concerning how research can be directed to better serve our adult population.

**12:30 p.m.–1:15 p.m. Lunch**

## 1:15 p.m.–2:30 p.m.: Workshop Period B

### *5. The Spectrum Conundrum: To Medicate or Not to Medicate! Part I*

David Dillon, M.D.

Part I will cover ADHD and Tourette Syndrome medications.

### *6. Mental Health for Individuals with Autism Spectrum Disorders*

Valerie Gaus, Ph.D. and Jane Perr, M.D.

This workshop will offer guidelines for recognizing the need for mental health services and negotiating the systems that provide them.

### *7. The Personal*

Michael John Carley, M.F.A.

GRASP's Executive Director Michael John Carley describes his experiences growing up with AS—“back when no one knew it, of course.”

### *8. Self-Advocacy and Planning for the Future*

Linda Milch, M.Ed. and Barbara Morell

This workshop will discuss effective transition planning during high school and beyond for adults with disabilities. How do we develop skills for self-advocacy? How do we make an effective life plan? This workshop will be geared toward both young and older adults.

## 2:45 p.m.–4:00 p.m.: Workshop Period C

### *9. The Spectrum Conundrum: To Medicate or Not to Medicate! Part II*

David Dillon, M.D.

Part II will be focused on OCD, anxiety, and mood disorder medications. This workshop will cover the pros and cons of medicating comorbid and internal regulatory issues in persons on the spectrum.

### *10. Young Adult Panel*

Pat Long, Moderator

These young adults will discuss the ups and downs that led them to where they are today. A question and answer period is included.

### *11. Creative Solutions to Housing*

Jim Rein, M.S.; Lisa Fleisher, Ph.D.; Steve Fleisher; Denise Ferrara; and Matt Sturiale, L.S.C.W.

What type of housing is right for you? The speakers will give an overview on housing with information on their programs: post secondary, individualized person-centered supported living, and group homes.

### *12. Succeeding in College: From Self-Contained Special Education to an Honors College Program*

Judith Cohen, Ph.D., J.D. and Adam Wittenstein, M.A.

Adam, diagnosed with autism in early childhood, attended special education schools from pre-school through high school. This workshop will focus on the academic and personal issues that Adam faced when he entered college and the adjustments that were necessary for success.